



# JESUS CALMS THE STORM

Lesson 16

## BIG IDEA

The disciples give into fear during a storm on the lake. Jesus calms the storm and questions their faith in him.

## KEY VERSES

Mark 4:36-41

## MEMORY VERSE

Mark 4:40

“He said to his disciples, ‘Why are you so afraid? Do you still have no faith?’”

## • PREPARATION & MATERIALS •

### BIBLE LESSON: INTERACTIVE

- Painter’s tape or long rope

### GAME

- Painters tape or long rope

### CRAFT

- Experience Mission provides scissors, hole punch, stapler, staples, rulers
- 3 x 5 index cards, one per child
- Various colors and patterns of duct tape, about 22 inches per child

### WORKSHEETS

- Photocopies of Coloring Sheet (1 per child)
- Photocopies of Word Search (domestic communities only)





# JESUS CALMS THE STORM

BIBLE LESSON • INTERACTIVE

Lesson 16

## STORY PREP

Using painters tape or long rope, make the shape of a boat on the floor. At the appropriate time in the story, the children go to the boat, get in, and sit down.

## INSTRUCTIONS

Tell the children every time they hear the word "LOOK" or "LOOKED" in the story, they are to use their pointer finger and point, following your lead.

## STORY

"Let's go to the other side of the lake so we can rest," Jesus said to his disciples after He had been teaching all day.

"That's a great idea!" one of the disciples said.

"Really! I'm tired," another responded.

Jesus and the disciples climbed into the boat and soon were headed toward the other side of the Sea of Galilee.

(Boys and girls, let's pretend we are disciples. Let's walk over to the boat and everyone find a place to sit.)

"I'm really tired," Jesus said. "I'm going to the back of the boat to lie down." Before long Jesus was fast asleep.

Soon the disciples noticed the weather changing. "The wind sure is getting stronger," one of them said.

Suddenly, they were in a terrible storm. The wind blew harder and harder. "LOOK at the waves," a disciple said. "They are getting higher and higher."

The boat rocked and pitched in the waves. (Everyone rocks back and forth.)

The disciples were worried. "Storms like this don't usually come at night," one of them said. "In all the times we've fished at night, we've never been in a storm like this," another disciple added.

"LOOK at the lightning in the sky," one of the disciples said as the thunder roared.

"And just LOOK at the waves. They are getting higher and higher," another disciple replied as water splashed into the boat. The boat rocked and pitched in the waves. (Everyone rocks back and forth.)

"LOOK at the water coming into the boat. This boat may sink."

"Where's Jesus?" one of the disciples yelled above the noise of the storm. "Maybe He can do something."

"LOOK! He's still asleep," another answered. "Well, go wake Him up! We're going to drown!"

When Jesus sat up, He LOOKED at the dark clouds and lightning. He heard the thunder. He LOOKED at the boat rocking, and He saw how afraid His disciples were. Then Jesus stood up and spoke to the wind and the waves. "Be still," He said.



# JESUS CALMS THE STORM

## BIBLE LESSON • INTERACTIVE (CONT.)

Lesson 16

Immediately, the wind stopped blowing. And LOOK! All the dark clouds have disappeared. And LOOK! The sea is quiet and still again.

Jesus LOOKED at His friends. "Why were you so afraid?" He asked them. "Didn't you know I would take care of you?"

The disciples talked among themselves. "Who is this Man?" they asked each other. "Even the winds and the waves obey Him. He must be the Son of God."

Bible lesson written by Betty Benson Robertson. Adapted visually and/or translated for use on short term mission trips by Experience Mission.

### DISCUSSION QUESTIONS

1. Have you ever been afraid? How do you feel inside when you are afraid?
2. When you are afraid, what can you do?
3. Jesus had been teaching all day and was tired. Where did He want to go?  
(To the other side of the lake)
4. What was the name of the lake? (Sea of Galilee)
5. When Jesus got into the boat, what did He do? (Went to sleep)
6. What happened after Jesus went to sleep? (Bad storm came up)
7. How do you think the disciples felt when the storm suddenly came? (various answers)
8. What was Jesus doing during the storm? (Sleeping)
9. What did the disciples say to Jesus when they woke Him up?  
(Don't you care that we're about to drown?)
10. What did Jesus do? (Told the wind and waves to be still)
11. What did the wind and waves do when Jesus spoke to them? (Quieted down)
12. Who is Jesus? (Son of God)
13. When we are worried or afraid, what should we do?  
(Talk to Jesus and ask Him to help us)

#### SIMPLIFIED LESSON OPTIONS

- Eliminate the boat shape and do the simple motions only.
- Tell the story of Jesus Calming the Storm in simple story form or read from a children's bible.
- Ask 3-4 of the simpler discussion questions.



# JESUS CALMS THE STORM

## CRAFT

Lesson 16

### • CRAFT •

#### OBJECTIVE: DUCT TAPE BOOKMARK

Kids make bible bookmarks with duct tape.

#### MATERIALS PROVIDED BY EM

- Scissors, staplers, rulers, hole punches

#### DIRECTIONS

- Cut index card in half lengthwise (creating two 1.5 x 5 inch rectangles)
- Cut a strip of duct tape 5.5 inches long
- Place tape sticky side up on a table
- Place index card in the center of the tape
- Fold long sides of tape over the edge of the paper
- Trim excess off short sides
- Repeat process to cover the other side of the bookmark
- Make a second bookmark
- Encourage kids to use their bookmarks in their bibles

#### MATERIALS BROUGHT BY TEAM

- 3 x 5 index cards, one per child
- Various colors and patterns of duct tape, about 22 inches per child

#### EXAMPLE



#### SIMPLIFIED CRAFT OPTIONS

- Use duct tape sheets and pre-cut them slightly larger than the book mark.
- Use colorful contact paper and pre-cut it slightly larger than the book mark.



# JESUS CALMS THE STORM

## GAME

Lesson 16

### • GAME •

#### OBJECTIVE: SHIP'S CAPTAIN

Players must follow the captain's orders correctly.

#### MATERIALS BROUGHT BY TEAM

- Painters tape or long rope to mark a large boat shape

#### INSTRUCTIONS

One player is chosen as the captain. S/he calls out orders to the rest of the players who are the crew. If a player does not follow an order correctly, s/he is out. (This decision is made by the captain who is always right.)

#### "ORDERS"

**Hit the deck:** lay down on your stomach (or if players don't want to get dirty, they can crouch down)

**Attention on deck:** salute and yell, "Aye, aye captain!" -- players may not move now until the captain gives the order of, "At ease!" (ie. even if the captain gives a different order such as "to the ship" the crew must continue to remain at attention until told "at ease")

**Clear the deck:** everyone must have their feet up off the floor

**Scrub the deck:** everyone on their knees scrubbing

**Captain's Quarters:** everyone ran towards the captain

**Up Periscope:** Every player falls on their back and sticks one leg in the air. The last ones are eliminated.

**SHARK!:** Everyone must run to a designated base (multiple bases can be used).  
The last player to the base is eliminated.

**Sick turtle:** Everyone falls onto their backs and waves hands and feet in the air.

**Bow:** Run to the front of the boat

**Stern:** Run to the back

**Port:** Run to the left side of the boat

**Starboard:** Run to the right side of the boat.

**Row the Boat:** Each player finds a partner, sits face to face, holds hands, and pretends to row a boat.  
Players who can't find partners or who are too slow are eliminated.

To make the game less competitive, player do not get "out." Instead, if the captain notices that they do not follow an order, they must stand out for a count of 20.

#### SIMPLIFIED GAME OPTIONS

- Use simpler directions such as top, bottom, left and right.
- Use just a few different directions each round.
- Divide a large group into smaller groups and/or boats



# JESUS CALMS THE STORM

Lesson 16





# Peace! Be Still!

When Jesus woke up, he rebuked the wind and said to the waves, "Silence! Be still!" Suddenly the wind stopped, and there was a great calm. Mark 4:39 (NLT)

Based on Mark 4:35-41 (NLT)



A F R A I D J T E E Q E L A J  
 K T D Y Z E T U F Q Z F Z W I  
 S T I L L N L Q A S I C G O D  
 E V E N I N G W I N D B A H W  
 C D H Y W G L W T O W J E L K  
 U L H C A D H O H B A W E P M  
 S B E I V V H K D E T A M M S  
 H I J W E G I E T Y E W G E H  
 I L V H S J O A P O R L L Y S  
 O D Q C H E O W M V I P G Q I  
 N D R L C B V R I P I U T D L  
 Y L K O R H O A E C H G O K E  
 N J N T W T A E S R E Q T L N  
 H F V W S N L I E H A P U X C  
 Y J E S U S D I U T D L A K E

CUSHION	CALM	LAKE	WOKE	WAVES
SLEEPING	STORM	AFRAID	WATER	WIND
DISCIPLES	BOAT	JESUS	DROWN	FAITH
SILENCE	STILL	EVENING	OBEY	HEAD