



ALL PUFFED UP

Lesson 27

BIG IDEA

Don't think too highly of yourself, learn to be humble.

KEY VERSES

Matthew 23:1-12

MEMORY VERSE

Matthew 23:12

"For those who exalt themselves will be humbled, and those who humble themselves will be exalted."

• PREPARATION & MATERIALS •

BIBLE OBJECT LESSON

- Balloons
- Thumbtack
- Tape
- Prior to the lesson blow up the balloon (don't tie), draw a face on it and deflate it. Tape a thumbtack inside one of your fingers with clear tape so it can't be seen.

CRAFT

- Experience Mission provides scissors, hole punch, stapler, staples, rulers
- Balloons
- Permanent markers
- Construction paper
- Double stick tape or glue dots
- Wiggly eyes (optional)

GAME

- Balloons (birthday party type balloons would probably work best)
- Optional depending on game: wooden spoons, forks, goal markers

WORKSHEETS

- Photocopies of Coloring Sheet (1 per child)

OPTIONAL ACTIVITY

- Purchase several inexpensive balloon animal kits (long skinny balloons and a hand pump)
- Prior to the trip practice making several different balloon creatures (great examples can be found on YouTube)
- During the trip make balloon creatures for the kids



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BIBLE OBJECT LESSON

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(Prior to the lesson blow up the balloon (don't tie), draw a face on it and deflate it. Tape a thumbtack inside one of your fingers with clear tape so it can't be seen.)

Today I have some balloons with me. A balloon is a simple toy, but it brings a lot of pleasure to people of all ages. There are so many things you can do with a balloon! You can use balloons for decorations at a party or you can bat them around in the air like a ball. If you have a long, skinny balloon, you can even make it into the shape of different animals. Yes, a balloon can bring a lot of happiness, but it can bring sadness and disappointment too. Have you ever seen a small child cry when his balloon bursts or floats away into the sky?

You and I are sometimes like a balloon. We sometimes get all puffed up with our own importance. (Start blowing up the balloon) We think we are great and we expect everyone else to think so too. (Blow) Maybe it is because we are so good looking, (blow) or maybe it is because we are so smart. (Blow) Maybe we are really good in sports, (blow) or perhaps we are the best singer in the choir. (Blow) Sooner or later, if we keep getting puffed up with our own importance, something will happen to burst our balloon. (Prick the balloon)

Jesus warned some people called the Pharisees that this could happen. Pharisees were teachers back in Jesus day. They were experts on the law and the scripture and they thought very highly of themselves. They always told people what to do and how to behave, but they didn't live that way themselves. They did not have humble hearts. Jesus said, "Whoever is your servant is the greatest among you. Whoever makes himself great will be made humble. Whoever makes himself humble will be made great."

From now on, when you see a balloon, I hope it will remind you that we should not become puffed up with our own importance—or something may come along and burst our balloon!

DISCUSSION QUESTIONS

1. What are some things that people get prideful about?
2. What are some things that you are good at?
3. What do people say when they are full of pride?
4. What are humble people like?
5. How could a person show humility even if they are very good at something?
6. How could a famous soccer player show humility?

• CRAFT •

OBJECTIVE: BALLOON PEOPLE

Decorate a balloon to look like yourself.

MATERIALS PROVIDED BY EM

- Scissors, staplers, rulers, hole punches

DIRECTIONS

- Blow up balloon and tie off
- Attach wiggly eyes
- Use pieces of construction paper or permanent markers to create facial features
- Trace feet (and even hands) on construction paper, cut out and attach to balloon person

MATERIALS BROUGHT BY TEAM

- Balloons
- Permanent markers
- Construction paper
- Double stick tape or glue dots
- Wiggly eyes (optional)

EXAMPLES



SIMPLIFIED CRAFT OPTIONS

- Blow balloons up prior to Kids Club
- To make this craft last longer use large balloons but only blow them half way up (full balloons pop easier)



Jesus Blessing The Children



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GAME

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• GAME •

OBJECTIVE: BALLOON GAMES

Have fun with these balloon group games.

MATERIALS BROUGHT BY TEAM

- Balloons (birthday party type balloons would probably work best)
- Optional depending on game: wooden spoons, forks, goal markers

DIFFERENT GAMES

1. Balloon Football - 2 teams try to score in the opponent's goal.
2. Balloon Football While Sitting - 2 teams try to score in the opponent's goal. Players sit on pieces of carpet to slide across the floor. Standing up is not allowed.
3. Cooking Spoon Balloon - A balloon is brought to the opponent's goal using a cooking spoon or spoons.
4. With a Fork - A balloon is passed through the row using 2 forks.
5. With The Feet - A balloon is held between the feet and passed to the next player without the balloon touching the floor.
6. Team Game - Two teams sit across from each other. 1-3 balloons must be hit over and behind the opponent's row. Standing up is not allowed.
7. Floating On Air - Which team can make a balloon float in the air the longest by only blowing air with their mouths to keep the balloon floating?
8. Balloon Relay Race - The first player on each team runs through an obstacle course, grabs a balloon, blows it up, ties a knot in it, then runs back through the course to the goal, sits down on the balloon and makes it pop. Only then may the next player start, and so on.