

NEW GLASSES FOR THE HEART

BIG IDEA

Just as eye glasses help us to focus better and see things more clearly, the heart needs “glasses” to help focus on what is good and right rather than all that is wrong.

KEY VERSES

Philippians 4:8

MEMORY VERSE

Philippians 4:8

“Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.”

• PREPARATION & MATERIALS •

BIBLE LESSON: SKIT

- Cast: Two people dressed like kids. Kid #1 (wearing eye glasses), Kid #2
- Props: Eye glasses

GAME

- Tape or rope to mark off play area

CRAFT

- Experience Mission provides scissors, hole punch, stapler, staples
- Several envelope templates cut out of cardboard or cardstock
- Colorful scrapbook type paper
- Glue sticks or double stick tape
- Pencils (one per child)

WORKSHEETS

- Photocopies of Coloring Sheet (1 per child)



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BIBLE LESSON • SKIT

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Kid #1: (Enter stage wearing eye glasses. Look around as if seeing the world clearly for the first time.)

Kid #2: (Enter stage from opposite side. Walk slowly, moping.)

Kid #1: (Happy) Hi friend!

Kid #2: (Grumpy) Oh, hi.

Kid #1: Isn't it a great day? Look this amazing world. All the colors and sounds.

Kid #2: (Doubtful) Er...I guess.

Kid #1: Hey, do you notice anything different about me?

Kid #2: (Look critically at Kid #1) Sure. You've got glasses on. That's a major bummer.

Kid #1: Major bummer? Why would you say that? I think it's fantastic! I can see so clearly, and my eyes don't hurt any more.

Kid #2: Yah, well now you'll probably get teased at school and you have to be careful not to break your glasses at recess. I still say it's a bummer.

Kid #1: I suppose...but it's completely worth it. Everything used to be fuzzy, but now I can see all sorts of details that I couldn't see before. (Pause and study Kid #2 for a moment) Are you OK? You seem upset.

Kid #2: (With a big sigh) Well, for starters, my mom got me these new shoes and they pinch my feet. And then I had to clean my room before I could come out and play. And then I had to fix a flat tire on my bike. And now I just found out that I missed the ball game at the park! Everything is just awful!

Kid #1: Hmmmm. Those are nice shoes though. Aren't you glad you get to have new shoes?

Kid #2: Well...yah...but that doesn't stop the pain. And I still had to clean my room.

Kid #1: What was messy about it?

Kid #2: My toys were out and my dirty clothes were in a big pile and my bed wasn't made.

Kid #1: Aren't you glad you have Legos and clothes and a bed and race cars?

Kid #2: Well...yah...I guess. Say, what's your point? Don't you care that I am having a bad day?

Kid #1: Sure I care. I care about you. It seems to me that you are seeing everything fuzzy and missing the beautiful details.

Kid #2: But I have perfect vision!

Kid #1: With you eyes maybe, but not your heart. Maybe you need something like glasses for your heart.

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BIBLE LESSON • SKIT (PAGE 2)

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Kid #2: (Not buying it) How would that help?

Kid #1: If you refocus your heart you would stop looking at only the problems and see beyond them. See the good things that surround the hard things. Like the fact that you have new shoes and they will feel better once you get used to them. And that you have toys and a bed and space to play.

Kid #2: OK, I see where you're going with this. So if I look beyond the problem with my bike tire popping, I should be able to see some good thing like....(thinking)....like that I have a bike and I know how to fix it! (Smiling) Right?

Kid #1: Exactly.

Kid #2: And maybe it was even a good thing that it popped at home so that I was close to my tools and could fix it. I mean imagine if I was cruising down the road and then it popped. That could have been dangers. Whew, I'm sure glad things worked out the way they did.

Kid #1: That's the spirit!

Kid #2: But...I did miss the game at the park. What's good about that?

Kid #1: If you didn't miss the game you wouldn't have bumped into me, and then you'd be stuck with a fuzzy view of a blessed life. And now you have time to shoot some hoops. Come on let's go!

Kid #2: You're on!

(Exit stage)

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DISCUSSION QUESTIONS

1. Why was the kid with the glasses happy?
2. Why was the other kid grumpy?
3. What kinds of things make you upset and ruin a day?
4. Discuss ways a person can look for the good even in a difficult or disappointing situation.

SIMPLIFIED LESSON OPTIONS

- Tell the tale in simple story form rather than acting it out.
- Ask 2-3 of the simpler discussion questions.

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CRAFT

Lesson 22

• CRAFT •

OBJECTIVE: FANCY ENVELOPES AND CARDS

Kids will make fancy envelopes and cards to write notes to their friends and family.

DIRECTIONS

- Choose a colorful paper
- Trace around envelope template
- Cut around outside of envelope
- Fold the bottom toward the middle and put a thin line of glue around the edge
- Fold right and left sides in toward the middle
- Add glue if needed
- Fold top toward the middle, but do not glue
- Cut a few sheets of paper slightly smaller than the envelope. Use these as card to write notes to friends and family.
- Make several sets of envelopes and cards

MATERIALS PROVIDED BY EM

- Scissors, staplers, hole punches

MATERIALS BROUGHT BY TEAM

- Several envelope templates cut out of cardboard or cardstock
- Colorful scrapbook type paper
- Glue sticks or double stick tape
- Pencils (one per child)

SIMPLIFIED CRAFT OPTIONS

- Pre-cut envelope shapes
- Use plain white envelopes and decorate with stickers

EXAMPLES



NEW GLASSES FOR THE HEART

GAME

lesson 22

• GAME •

OBJECTIVE: SHARKS AND MINNOWS

Minnows race across the play area trying not to get tagged by the sharks.

MATERIALS BROUGHT BY TEAM

- Tape or rope to mark off play area

DIRECTIONS

- Lay tape or rope on two ends of the play area
- Choose one volunteer to be a shark
- Line the rest of the kids behind one line, these are the minnows
- Mission leader blows whistle or yells “go”
- Minnows try to run to the opposite line without being tagged by the shark
- Minnows to get tagged become sharks
- Continue playing, in this manner until there is only one minnow left and becomes the winner

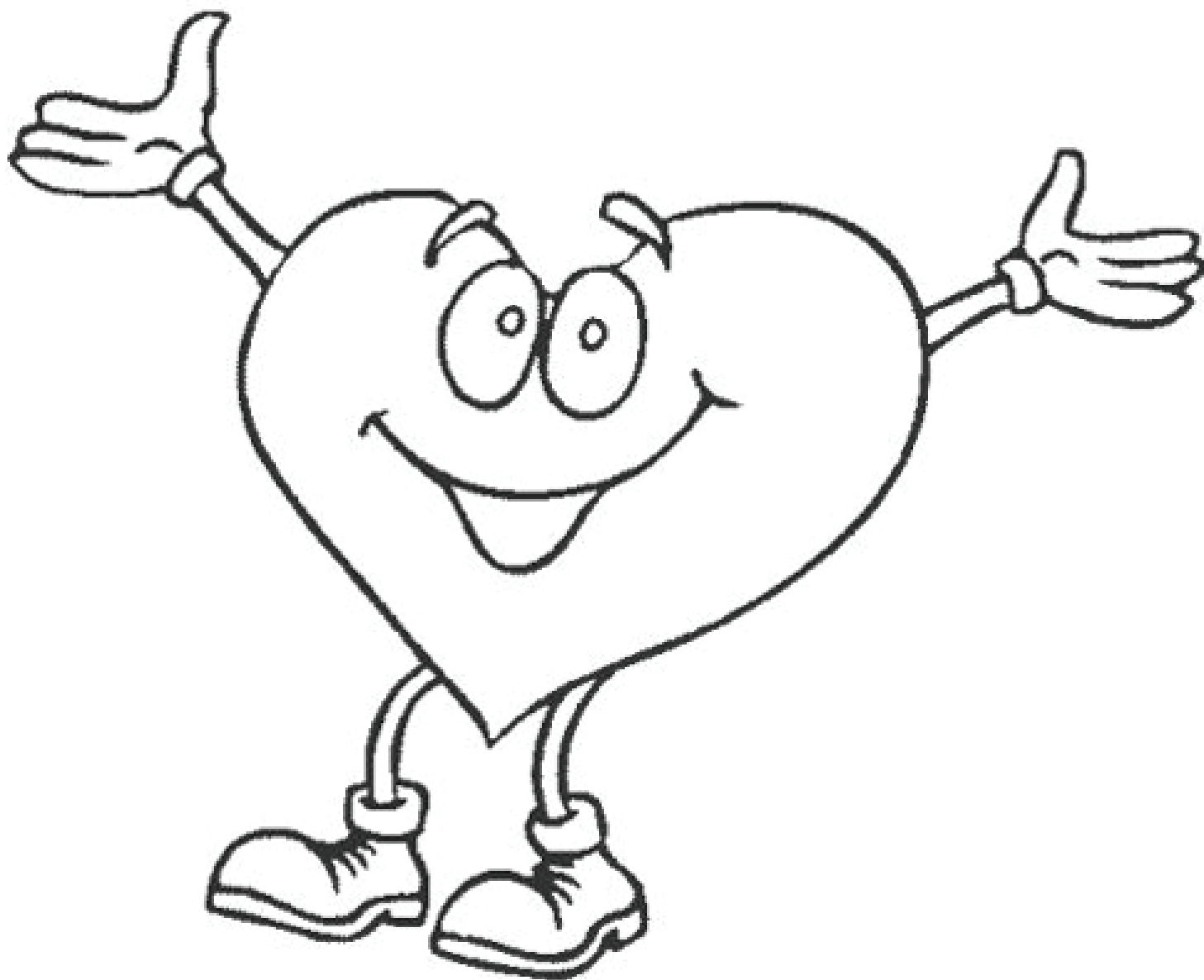
SIMPLIFIED GAME OPTIONS

- *Divide a large group into smaller groups based on age or size*
- *Change the call words to something more familiar like snakes and frogs, birds and worms, etc.*



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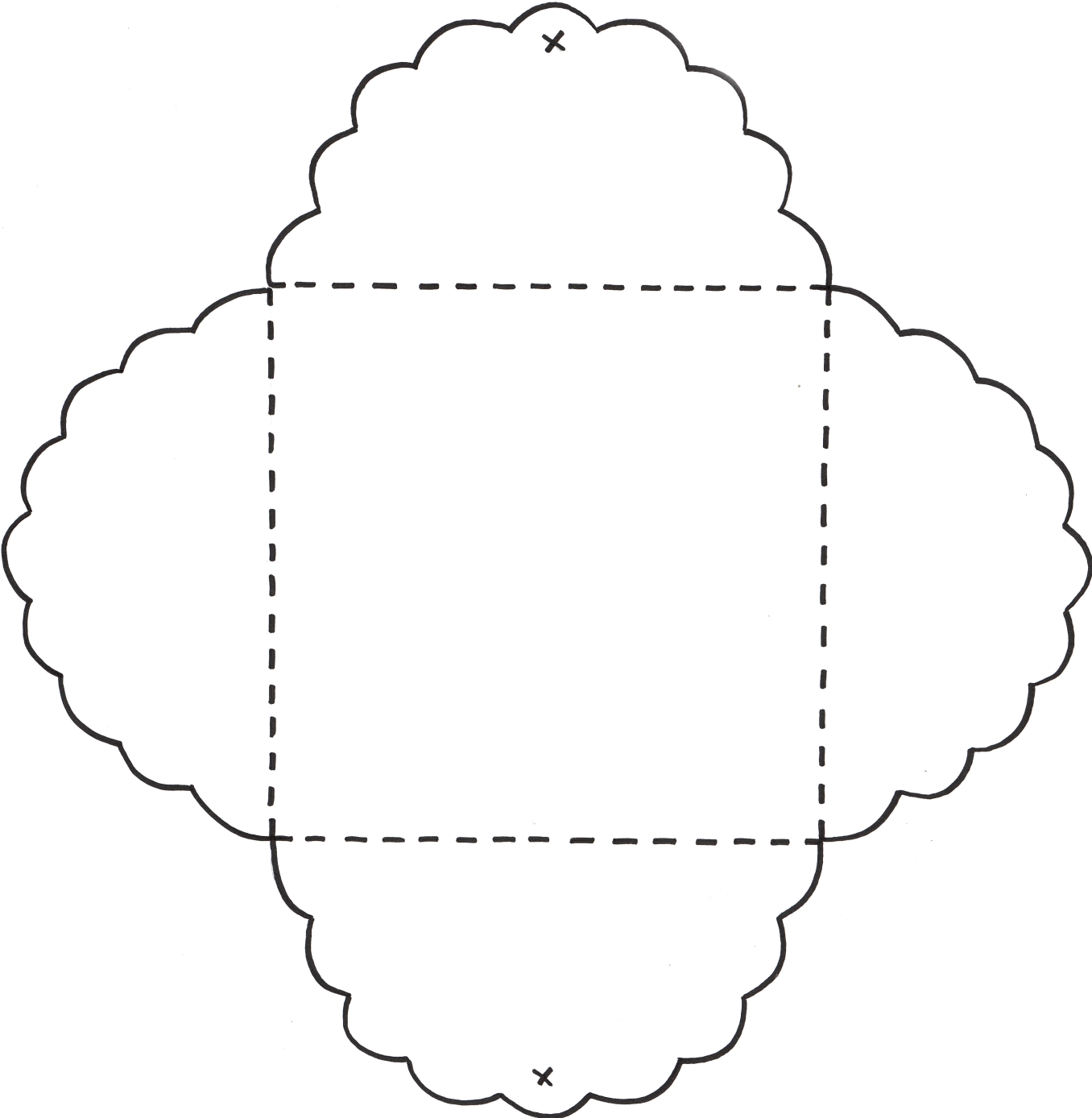


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Kids Club



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Kids Club

