

PRAY CONTINUALLY

Lesson 23

BIG IDEA

Prayer is powerful and can be done anywhere at any time.

KEY VERSES

Ephesians 6:18

MEMORY VERSE

Ephesians 6:18

“And pray in the Spirit all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.”

• PREPARATION & MATERIALS •

BIBLE LESSON: SKIT

- Cast: Liz (girl), Sarah (girl)
- Props: pencil, notebook, two chairs

CRAFT

- Experience Mission provides scissors, hole punch, stapler, staples
- One balloon (long and thin preferably) one per child.
- Scotch tape
- Straws (one per child)
- String that will fit through the straw, 10 feet per child.
- Colored construction paper
- Permanent markers

WORKSHEETS

- Photocopies of Coloring Sheet (1 per child)

GAME

- One balloon (long and thin preferably) per team.
- Scotch tape
- Straws (one per balloon)
- String that will fit through the straw
- Colored construction paper
- Permanent markers



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BIBLE LESSON • SKIT

lesson 23

PREPARATION

Set two chairs side by side facing the audience on the left side of the stage. Liz is sitting in one chair when the skit begins. Sarah has pencil and notebook in back pocket.

SKIT

Sarah: (from off stage) Ouch!

(Walk onto stage rubbing back pocket area and looking pained. Stop with a sudden thought, pull pencil and notebook out of pocket and start writing. Put notebook back in pocket, put pencil back in pocket and wince as if it hurts. Continue to walk across stage then stop and again write, replace in pocket, wince.)

Liz: (When Sarah gets close enough) Hi Sarah!

Sarah: (Look up from writing) Oh, hi Liz! (Put notebook and pencil back in pocket)

Liz: (Pat empty chair inviting Sarah to join you) How's it going?

Sarah: Fine, just fine. (Sit down on empty chair then yelp and jump up. Pull offending pencil out of pocket) Ouch!

Liz: What's wrong? Why do you keep yelping?

Sarah: It's this pencil. It keeps poking me.

Liz: Why do you keep a pencil in your pocket?

Sarah: Well, I've been learning about prayer. Did you know that we can pray to God about anything? It doesn't matter how big or how small or how hard or how far away. He totally gets it and hears our prayers.

Liz: (Nod head understanding) It's pretty amazing isn't it?

Sarah: Yah. So I've been keeping a list of things to pray about in my notebook. I see them and think of them all day long, but at night when I pray before bed I can't seem to remember them all. But (shake offending pencil), there's got to be a less painful way to do this.

Liz: (Nod head understanding) Sarah, you are so dedicated to prayer, that is SO cool! I think I have a simple solution to your painful pencil in the pocket problem.

Sarah: Really?

Liz: Yah. The bible says that we should pray continually. That means we don't have to save up all our prayer requests and praises till bed time or church or anything like that.

PRAY CONTINUALLY

BIBLE LESSON • SKIT (PAGE 2)

Lesson 23

Sarah: Ohhhh....

Liz: We can pray anytime, anywhere. In fact, we don't even have to say it out loud, we can pray in our minds.

Sarah: You make it sound so simple!

Liz: It is. It's about the simplest and most powerful thing we can do.

Sarah: Thank you Liz. This will be much easier. Good by poky pencil! (Leave pencil and notebook on chair and begin to walk back across the stage.) See you later!

Liz: Bye. Glad I could help.

Sarah: (Walk half way across stage, have a sudden thought, close eyes and fold hands as if praying but still walking. Dramatically trip and stumble across stage.) Ouch!

Liz: (Shocked but good humored) Uh, Sarah?

Sarah: I'm OK. (rub bruised ankle)

Liz: It's OK to pray with your eyes open! Just a thought....

Sarah: Gee thanks. Now you tell me.

(Both exit stage.)

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DISCUSSION QUESTIONS

1. Does God want us to wait for a specific time or place to pray?
2. Can we pray at any time?
3. Can we pray at any place?
4. Does it matter if we fold our hands or close our eyes every single time?
5. What are big things we can pray about?
6. What are little things we can pray about?

PRAY CONTINUALLY

CRAFT

Lesson 23

• CRAFT •

OBJECTIVE: BALLOON ROCKETS

Kids will make balloon rockets!

MATERIALS PROVIDED BY EM

- Scissors, staplers, hole punches

DIRECTIONS

- Create a cone shape out of construction paper and tape
- Decorate nose cone and give it a name
- Tape nose cone to front of balloon
- Tape straw to the side of the balloon
- Pull string through straw.
- Ask two friends to hold the ends of your string (or tie between two sturdy objects).
- Send rocket flying by blowing up balloon and letting it go.

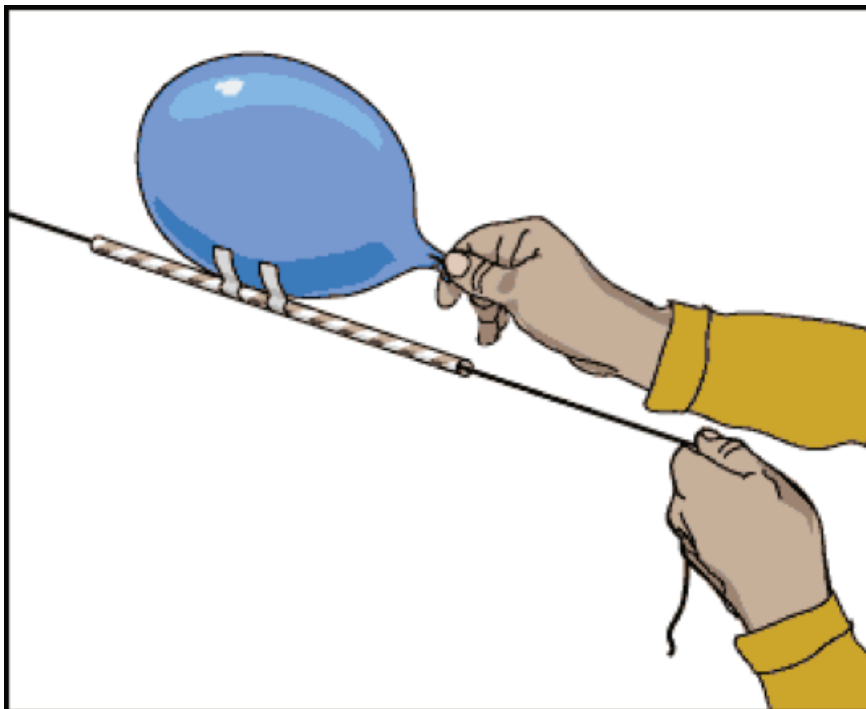
MATERIALS BROUGHT BY TEAM

- One balloon (long and thin preferably) one per child.
- Scotch tape
- Straws (one per child)
- String that will fit through the straw, 10 feet per child.
- Colored construction paper
- Permanent markers

SIMPLIFIED CRAFT OPTIONS

- *Decorate the balloons with permanent pens rather than creating a nose cone*
- *Use fat straws, the kinds used for milkshakes or bubble tea*

EXAMPLE



PRAY CONTINUALLY

GAME

Lesson 23

• GAME •

OBJECTIVE: BALLOON ROCKET RELAY

A relay race to see which team can send their balloon rocket to the end wins!

MATERIALS BROUGHT BY TEAM

- One balloon (long and thin preferably) per team.
- Scotch tape
- Straws (one per balloon)
- String that will fit through the straw
- Colored construction paper
- Permanent markers

DIRECTIONS

- Separate everyone into groups of 1 to 4 depending on how many are playing.
- Give each team an equal length of string (likely around 10 feet will do).
- Tie one end of the string to a chair or handle or something you can tie to. Tie each team's string to the same object. (Or have mission team members hold the end of the string.)
- Create nose cones and make up names for the rocket.
- Slide the straw onto your team's string.
- Blow up the balloon (do not tie).
- Tape nose cone to balloon and write name with permanent markers.
- Tape the balloon to the straws.
- Count to 5 and let the balloons go.
- The first team whose balloon makes it to the end of the string wins!

SIMPLIFIED GAME OPTIONS

- Use pre-made rockets for the teams
- Eliminate nose cones
- Play a simple running relay race

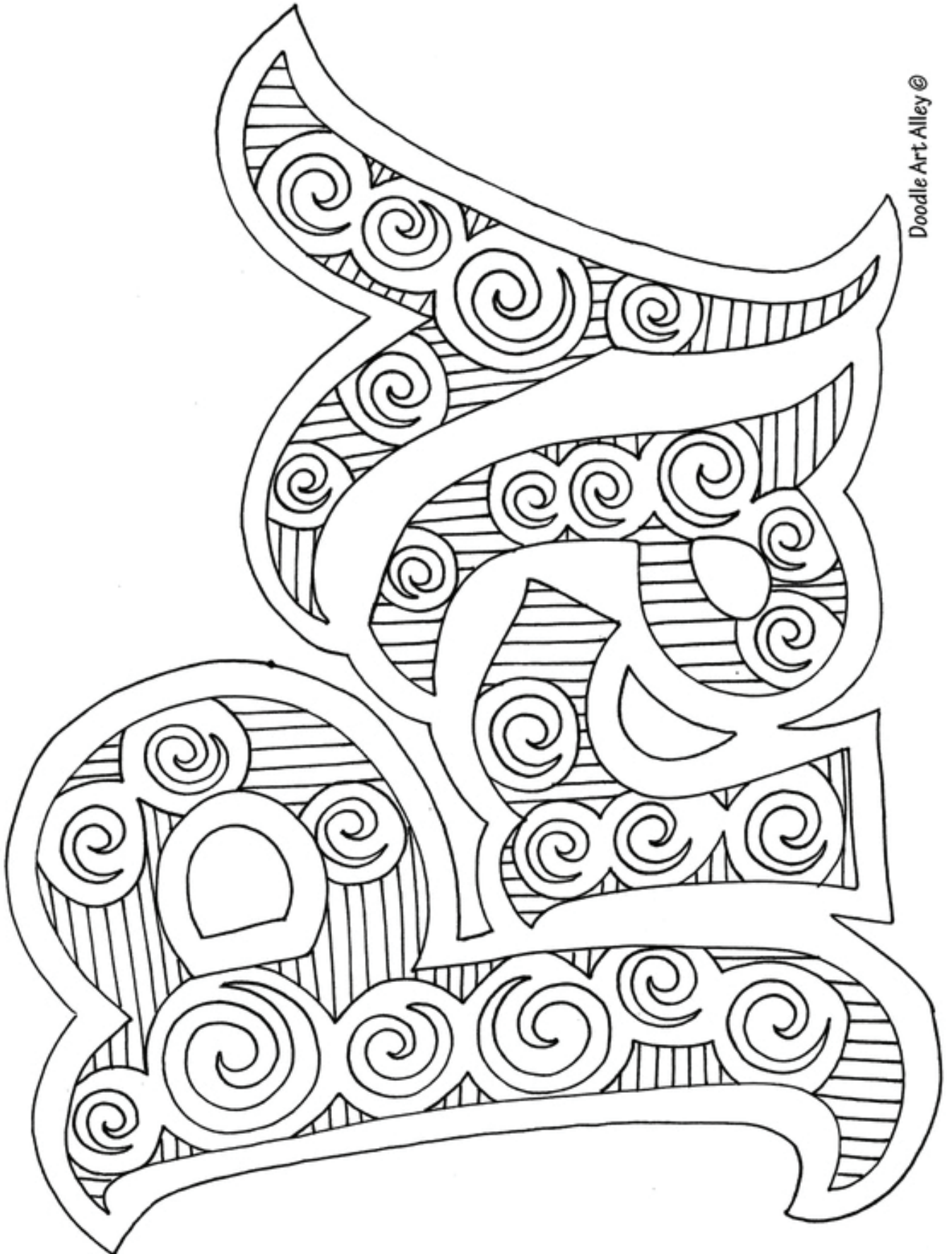


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lesson 23



Kids Club



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