

CONTENTMENT/ CONTENTAMIENTO

BIG IDEA

Contentment is the attitude of accepting whatever God provides for us, and being happy with it. It does not seek what we do not need for gratification, and does not find happiness in the shallow things of life.

KEY VERSES

Philippians 4:12b-13/Filipenses 4:12-13

MEMORY VERSE

Philippians 4:12b-13

“I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength.”

Filipenses 4:12-13

Sé estar humillado, y sé tener abundancia: en todo y por todo estoy enseñado, así para hartura como para hambre, así para tener abundancia como para padecer necesidad. 13 Todo lo puedo en Cristo que me fortalece.

• PREPARATION & MATERIALS •

BIBLE SKIT

- Optional - styrofoam cups (one with a crack in the bottom) and a bottle of water.

GAME

- Jump ropes. One per team.

CRAFT

- Sticky back foam sheets in a variety of colors
- Yarn, bulky/thick type.
- Small white paper plates, two per child
- Tongue depressor, one per child
- Glue

WORKSHEETS

- Photocopies of Coloring Sheet (1 per child)



CONTENTMENT

Lesson 5

LESSON STORY

SCRIPT

A water bearer in India had two large pots, each hung on the ends of a pole that he carried across his neck. One of the pots had a crack in it, while the other pot was perfect and always delivered a full portion of water.

At the end of the long walk from the stream to the house, the cracked pot arrived only half full. For a full two years this went on daily, with the bearer delivering only one and a half pots full of water to his house.

Of course, the perfect pot was proud of its accomplishments, perfect for which it was made. But the poor cracked pot was ashamed of its own imperfection and miserable that it was able to accomplish only half of what it had been made to do.

After two years of what it perceived to be a bitter failure, it spoke to the water bearer one day by the stream. "I am ashamed of myself, and I want to apologize to you. I have been able to deliver only half my load because this crack in my side causes water to leak out all the way back to your house. Because of my flaws, you have to do all of this work, and you don't get full value from your efforts," the pot said.

The bearer said to the pot, "Did you notice that there were flowers on your side of the path but not on the other pot's side? That's because I have always known about your flaw, and I planted flower seeds on your side of the path. Every day while we walk back, you've watered them. For two years, I have been able to pick these beautiful flowers to share with others. Without you being just the way you are, there would not be as much beauty and joy in the world.

Adapted from <http://varietyreading.carlsguides.com>.

DISCUSSION QUESTIONS

1. What was the pot's imperfection?
2. Why did it bother the pot?
3. Did the pot think it was all alone in the knowledge of its imperfection?
4. How did the pot feel about itself?
5. How did the pot deal with its imperfection?
6. How did the water bearer deal with the pot's imperfection?
7. Do you ever feel imperfect or flawed?
8. How can you be content with your weaknesses and imperfections?

LESSON OPTIONS

- Use two styrofoam cups and some water to illustrate this story as it is told.
- Ask 3-4 of the simpler discussion questions.

CONTENTMENT/CONTENTAMIENTO

lección 5

HISTORIA DE LA LECCIÓN

GUIÓN

Un portador de agua en la India tenía dos ollas grandes, cada una en los lados de un palo que cargaba en su cuello. Una de las ollas tenía una raja, y la otra era perfecta y siempre entregaba una porción completa de agua.

Al fin del camino largo desde el arroyo hasta la casa, la olla rajada llegaba media llena. Por dos años eso pasó cada día, con el portador entregando una olla completa y otra media llena a su casa.

Por supuesto, la olla perfecta tenía orgullo de sus logros, perfecto para lo que fue creada. Pero la pobre olla rajada tenía vergüenza de sus imperfecciones y era miserable que solo podía lograr medio para lo que fue creada.

Después de dos años que percibió que era un fracaso, hablaba con el portador cerca del arroyo. “Tengo vergüenza de mi misma, y quiero pedirle perdón. Solo puedo entregar mitad de me carga porque tengo esa raja y el agua gotea por todo el camino a su casa. Por estos fracasos, tiene que hacer mucho trabajo sin obtener las ventajas de su trabajo,” dijo la olla.

El portador dijo a la olla, “¿Te diste cuenta que hay flores en tu lado del camino, pero no hay en el otro? Esto es porque siempre he conocido tu defecto, y plante semillas de flores en tu lado del camino. Cada día cuando regresamos a la casa, riegas las flores. Por dos años, he recogido flores que puedo compartir con otras personas. Sin ti, no habría tanta belleza y alegría en el mundo.”

Adapted from <http://varietyreading.carlsguides.com>.

PREGUNTAS DE DISCUSIÓN

1. ¿Cuál era la imperfección de la olla?
2. ¿Por qué molestó a la olla esta imperfección?
3. ¿Piensa usted que la olla sabía que el portador conocía de su imperfección?
4. ¿Cómo se sintió la olla de sí misma?
5. ¿Cómo trató la olla con su imperfección?
6. ¿Cómo trató el portador con la imperfección de la olla?
7. ¿Se siente imperfecto o que tiene defectos?
8. ¿Cómo puede aprender a estar contento con sus imperfecciones?

LESSON OPTIONS

- Use two styrofoam cups and some water to illustrate this story as it is told.
- Ask 3-4 of the simpler discussion questions.

CONTENTMENT

• CRAFT •

OBJECTIVE: FLIP-FLOP FACE

Kids create happy and sad faces opposite sides.

MATERIALS PROVIDED BY EM

- Scissors, staplers, hole punches

DIRECTIONS

- Cut facial features (eyes, eyebrows, nose, mouth) out of sticky back foam. Make a happy set and a sad/angry set.
- Adhere happy features to the back of one paper plate. Adhere sad/angry features to the back of the other paper plate.
- Glue tongue depressor to the bottom front rim of one plate.
- Glue front rims of plates together.
- Glue yarn hair.

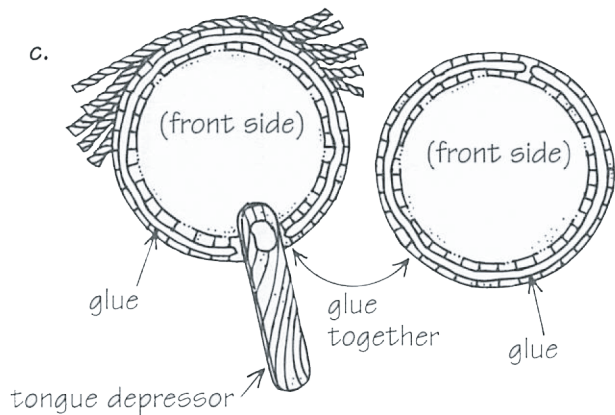
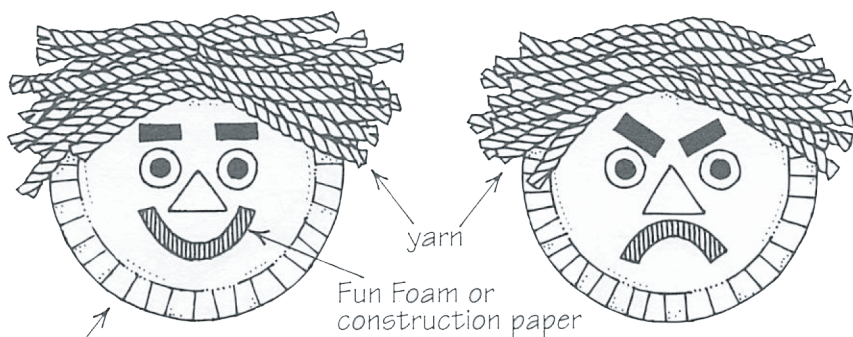
MATERIALS BROUGHT BY TEAM

- Sticky back foam sheets in a variety of colors
- Yarn, bulky/thick type.
- Small white paper plates, two per child
- Tongue depressor, one per child
- Glue

EXAMPLE

SIMPLIFIED CRAFT OPTIONS

- pre-cut facial features
- use colored paper instead of foam
- draw facial features instead of using shapes



CONTENTMENT

Lesson 5

• GAME •

OBJECTIVE: JUMPROPE RELAY

Kids race relay style with jump ropes

MATERIALS BROUGHT BY TEAM

- Jump ropes, one per team

DIRECTIONS

- Break children up into teams.
- Give first child from each team a jump rope.
- Children jump rope to turning point and back.
- When they return to start they hand jump rope to their teammate and sit at the back of the line.
- First team with all members sitting wins.

SIMPLIFIED GAME OPTIONS

- Kids hop across a play area rather than jump rope.
- Kids run across a play area rather than jump rope.



